

# Sports Studies

## Using the FIFA Women's World Cup as a learning context.

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With the FIFA Women's World Cup about to kick off in New Zealand, what a fantastic opportunity to explore *Sports Studies* as a key area of learning in Physical Education. While the teaching of sports specific skills is not a focus of primary school PE nor is running a school sports programme, this article will explain how the FIFA Women's World Cup Tournament can provide an exciting context for learning about social, cultural, and scientific perspectives of sport.

#### What skills are developed through Sports Studies (if it's not just about playing sport)?

- How to participate in diverse sporting roles such as playing, coaching, officiating, and administrating
- Identifying and critiquing the contributions that science, technology, and the environment make to sporting performances
- Exploring the social and cultural significance that sport has for individuals and for society, for example, in relation to attitudes, values, specific practices and their effects, and media influences.
- How can sports (such as football and futsal) contribute to our culture and collective identity?

#### Encourage students to consider how their Hauora is influenced by participation in sports



- The importance of preparing your body for participation in sports(warm-ups, stretches, etc).
- Being part of a team; playing with and against others; belonging; support.
- seeking personal identity, connecting to the places and spaces I am active in, whakapapa and Tūrangawaewae, meeting challenges; being the best I can and feeling good about that
- Learning strategies/tactics for particular games; respecting self and others; managing the emotions of winning and losing; taking diverse sporting roles.
- Understand that skill and fitness contribute to enjoyment.
- Conversely, how sport may contribute to low levels of health.

**"Building relationships and creating connections between people requires the ability to understand and value cultural differences. Major sporting events such as the FIFA Women's World Cup 2023™ bring countries together from around the globe and provide an opportunity to learn about the different cultures of each of those countries."**



## Ngā ahurea me te tuakiri kiritōpū | Culture and collective identity (Social Sciences)

- Whakapapa and tūrangawaewae
- Roles and responsibilities of living in bicultural Aotearoa
- Celebrating our heroes
- Understanding others
- What impact has immigration had on our culture and collective identity and how is this continuing to evolve?
- How can hosting major sporting events in Aotearoa New Zealand help further shape our culture and collective identity?
- Create a game pool schedule.

## Numeracy

- Timetables and scheduling of matches including international time differences
- Percentages of goals scored
- Estimates; eg financial gain, and ticket pricing
- Statistical data, graphs
- Identify shapes used to make a football. How many panels of each shape? Why?

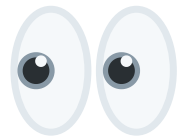
## Literacy

- Use the shapes on a football to create and share your whakapapa.
- Share stories and ask questions.
- Research the meaning of tūrangawaewae. Discuss a definition that is meaningful for you.

**COOL RESOURCE!**

**Kōtuitui** (from Football New Zealand) is available to schools and kura across Aotearoa New Zealand to deliver during either term 2, 3 or 4 this year as the country hosts the FIFA Women's World Cup 2023™. Kōtuitui provides a set of football experiences for teachers and ākonga as they use the FIFA Women's World Cup 2023™ as a context for learning about culture and collective identity.

<https://www.kotuitui-sport.net/>



### For Game and activity ideas visit:

<https://sportnz.org.nz/resources/developing-fundamental-movement-skills/>

<https://www.fit4football.co.nz/>

<https://penz.org.nz/movewell/>

<https://sportnz.org.nz/media/3892/movewell-booklet-web.pdf>

<https://hpe.tki.org.nz/health-and-physical-education-in-the-curriculum/key-areas-of-learning/sport-studies/>

### For more information on understanding the Health and Physical Education curriculum visit:

<https://penz.org.nz/pe-resources-for-primary-school-teachers/>

