



# **PHYSICAL EDUCATION CURRICULUM IN COMPULSORY SECONDARY EDUCATION IN SPAIN**

**PENZ NATIONAL  
CONFERENCE PROGRAMME  
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## **PHYSICAL EDUCATION CURRICULUM IN COMPULSORY SECONDARY EDUCATION IN SPAIN**

- ✓ HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN
  - ✓ SCHOOL BASED PHYSICAL EDUCATION AND CURRICULUM
  - ✓ MY RESEARCH: PHYSICAL EDUCATION CURRICULUM IN COMPULSORY SECONDARY EDUCATION IN SPAIN
  - ✓ CONCLUSIONS
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## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN



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## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN

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- Dictatorship **1939-1975**
- Spanish Constitution **1978**
- European Union **1986**
- General Organic Law for the Educational System (LOGSE, **1990**)
- Organic Law for Quality in Education (LOCE, **2002**)
- Organic Law of Education (LOE, **2006**)



## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN

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### Spanish Constitution (1978)

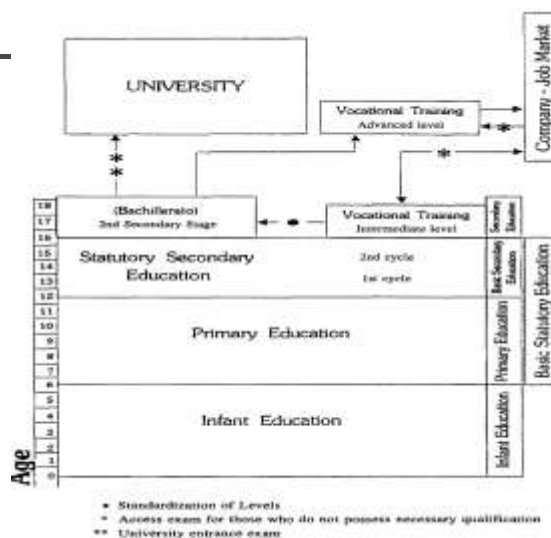
- Article 27.2: "*Education aims to fully develop human personality, within the framework of respect of the democratic principles of living together and the fundamental rights and freedom*"
- Article 43.3: "*The political powers will foster a healthy education, **physical education** and sport. They will also enable society to adequately use leisure time*"

## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN

### General Organic Law for the Educational System (LOGSE, 1990)

- Structured educational system: compulsory education 6-16
- Curriculum: open and flexible (3 levels)
- Constructivism: student-centred learning, active construction of meaning, metacognition (Piaget, Vygotski, Ausubel, Cole, Coll....)
- Physical Education: area in national curriculum

## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN





## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN

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- Primary Level: 6-12
  - First cycle: 6-8
  - Second cycle: 8-10
  - Third cycle: 10-12
- Secondary Level: 12-18
  - Compulsory: 12-16
  - Senior level: 16-18



## HISTORY AND LAW OF THE EDUCATIONAL SYSTEM IN SPAIN

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### **Organic Law of Education (LOE, 2006)**

- Quality and equity
- Public Infant school 3-6
- Implication of all agents
- Increase on Evaluation/Assesment
- Reduce drop-out
- Sport Education
- European Union: "Essential Competencies"

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

- Part of National Curriculum
- Subject in 10 years of compulsory education
- Time allocation: At least 2 sessions/week 50-60 min.
- Senior: 1st. Year Compulsory  
2nd. Year Optional

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

Organic Law of Education (2006)

Chapter I- Article 2 – Broad goals of Education

h) ....., *as well as, the development of healthy habits, exercise and sport*

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### “Essential Competencies”

- Language skills
- Mathematic skills
- Knowledge of the environment and interacting with the world
- Dealing with information skills
- Technology skills
- Social skills
- Cultural and artistic skills
- Learning to learn skills (metacognition), autonomous skills and personal initiatives skills

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### Official curriculum

- Open: Principles valid for any situation
- Flexible: Adapted to characteristics of the students and socio-cultural context
- Three levels

# SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

## Curriculum Policy

- First level: Federal Government/Autonomous Communities
- Second level: The School
- Third level: The teacher with a particular group of students

# SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

## Curriculum Policy: First level

- Royal Decrees: Federal Government: RD 1631/2006 Compulsory Secondary Education  
*"To acquire knowledge and acceptance of ones body and others, respect differences, assure health habits and incorporate **Physical Education** and sports practice to enable personal and social development"*
- Decrees Autonomous Communities: Decree 291/2007 Compulsory Secondary Education  
*"To acquire knowledge on how the human body works, respect differences, as well as, understand and value the effects of physical activity on health and a balanced diet incorporating the practice of sport to enable personal and social development."*

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### Curriculum Policy Second level

#### School Curricular Project

*“ The tool that allows the teachers of an educational centre to specify a series of particular decisions related to the elements in the curriculum, as a group, during the school period in which they teach, with the goal of defining the means and characteristics of the pedagogical intervention and giving it consistency”*

(Carmen y Zabala, 1995 cited in Gonzalez Valeiro et al, 2005)

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### Curriculum Policy: Third level

- Teacher
- Specific classroom implementation of syllabus
- Objectives, contents.... for a given level

# SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

## FIRST LEVEL

- Royal Decree N° 1631/2006 Compulsory Secondary – Federal Government  
“Games and sports”
- Decree N° 286/2007 – Autonomous Community of Murcia- “State” government  
“Games and sports in Autonomous Community-Murcia”

## SECOND LEVEL

- My School
- School Curricular Project- PE curricular project: -  
Tradicional game: “*bolo murciano*”  
- Triathlon  
- Bodyboard  
- Futsal

## THIRD LEVEL

- Particular Group
- Planning unit-session



Clases



Bolo



Primo “del triatlón”



Fútbol on bicicleta



Fútbol on bicicleta



# SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

## Main Objectives

- Understand, value effects and engage in daily physical activity to improve health status and quality of life
- Increase physical condition
- Understand and practise individual and team sports (techniques and tactics)
- Design participate and practise outdoor physical/sports activities
- Assess, design and practise expressive abilities

# SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

## Main contents

- BLOCK 1. Physical Condition and Health
- BLOCK 2. Games and Sports. Personal Motor Skills
- BLOCK 3. Body language
- BLOCK 4. Activities in Nature

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### Didactic guidelines

- Legally, optional
- Constructivism framework
- Direct teaching and searching for solutions and solving problems

## SCHOOL BASED PHYSICAL EDUCATION IN SPAIN

### Evaluation/Assesment

- Curriculum designs: evaluation criteria for each level and year
- E.g: *Designing a catalogue of exercises to perform general warm-up activities; Playing games and sports in real practice situations...*
- Legislation: competent teacher

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## MY RESEARCH

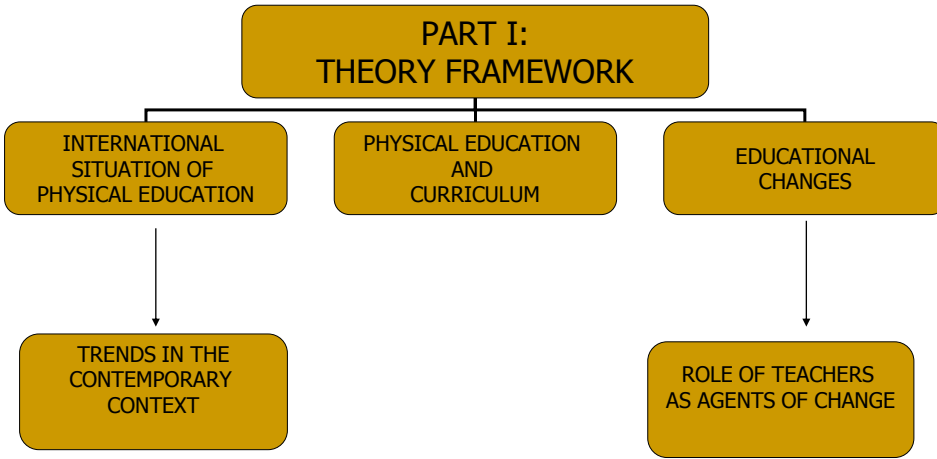
- Thesis title? Physical Education in compulsory secondary education: from intentions to practice
  - Purpose? To study Physical Education curriculum changes and implementation
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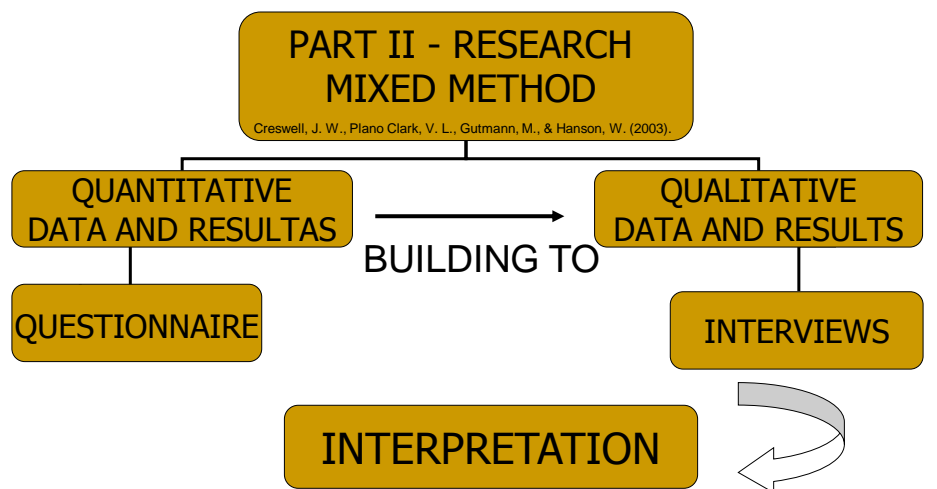
## MY RESEARCH

- Why? A need to study to what extent did the teachers embrace and implement the new curriculum design after the approval of the Organic Law of Education in 1990
  - Who did we ask? Physical Education teachers in Secondary Schools within the Autonomous Community of Murcia
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# MY RESEARCH



# MY RESEARCH



## MY RESEARCH

### Findings

- Physical Education had the same curriculum relevance
- Curriculum design incorporated all trends: health, motor skills, sports, recreation and body
- Emphasis on practice of sports and physical fitness
- Hard to cover the whole syllabus
- Gap between curriculum design and curriculum in practice
- Absence of genuine commitment to the new curriculum

## CONCLUSIONS AND IMPLICATIONS



- Curriculum change is met with resistance by teachers
- There is a need for teachers to take part in the change process and become involved
- Physical Education status: school and teacher
- Facing an important challenge in order to make Physical Education a legitimate and relevant subject
- Future of Physical Education in Spain: Influence of the emerged health consciousness: Health based Physical Education



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